

FALL 2016



City of

SARATOGA
RECREATION DEPARTMENT

DACA

Indoor Swim School

Learn to Swim!

SMALL
CLASSES.
BIG
RESULTS.

Open 7 Days per Week with Extended Hours

Year-Round Learn to Swim Lessons

Group, Private, Semi-Private Classes

90 Degree Indoor Heated Pool

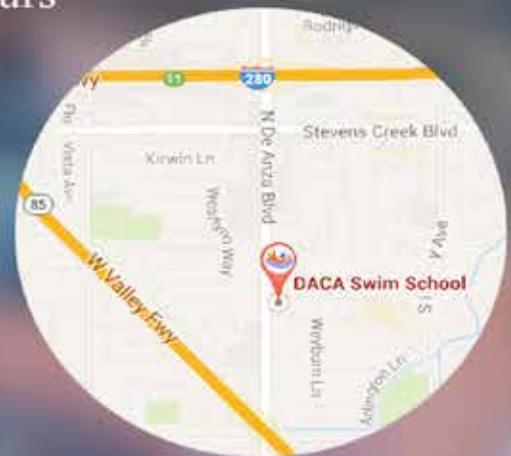
Special Needs Classes

Indoor Pre-Competitive Classes

Water Babies Classes 3 Months - 3 Years

Weekday Splash Classes: Same Day Drop-in 8:30AM-9:30PM

~ 1080 S. De Anza Blvd. San Jose CA, 95129 PHONE: 408-446-5600 ~



 Give back to those in need! 

OCT 3 - DEC 21

Second Harvest Food Bank

Food Drive



NOV 1 - DEC 16

**Sacred Heart
Community Service**

Toy Drive



Food Drive

Drop-off Locations

JOAN PISANI COMMUNITY CENTER
19655 Allendale Ave

SARATOGA AREA SENIOR CENTER
19655 Allendale Ave

SARATOGA PROSPECT CENTER
19848 Prospect Rd

SARATOGA LIBRARY
13650 Saratoga Ave

Toy Drive

Drop-off Locations

SARATOGA CITY MANAGER'S OFFICE
13777 Fruitvale Ave

JOAN PISANI COMMUNITY CENTER
19655 Allendale Ave

SARATOGA AREA SENIOR CENTER
19655 Allendale Ave

HISTORICAL MUSEUM
20450 Saratoga Los Gatos Rd

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JOAN PISANI COMMUNITY CENTER
 19655 Allendale Avenue
 Saratoga, CA 95070
 recreation@saratoga.ca.us
 (408) 868-1249

Hours:
 Monday - Friday : 8:00am - 5:00pm

The City of Saratoga
 Recreation Department
 will be closed on 9/5, 10/10, 11/11,
 11/24-11/25 & 12/24-1/1



DID YOU KNOW?



Classes fill up quickly or get cancelled because people wait too long to register! Don't let this happen to you! Register early!

TWO EASY WAYS TO REGISTER



ONLINE: www.saratoga.ca.us/recreation



WALK-IN: Mon-Fri : 8:00am - 5:00pm



PAYMENT: Must be received at the time of registration along with a release of liability form.

We gladly accept Visa, Mastercard, & check.



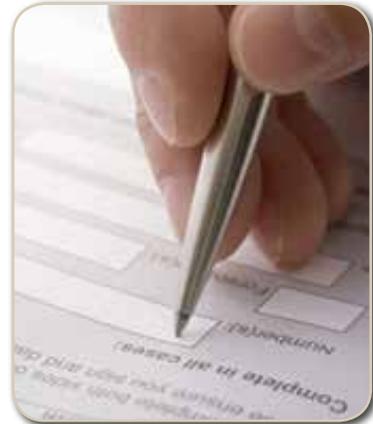
JOAN PISANI COMMUNITY CENTER
19655 Allendale Avenue, Saratoga, CA 95070



EMAIL: recreation@saratoga.ca.us



HOURS: Monday - Friday : 8:00am - 5:00pm



SaratogaRecreation

TOT OPEN GYM



PLAYDAY

every
WEDNESDAY!

< 10AM-2PM >

This is a non-instructional, play workout for children. Your children will enjoy refining their coordination, large muscle skills and sensory development with riding toys, exercising in a jumper, basketball, bowling, and more. This ongoing, unstructured class is a great way for your child to get some extra practice and burn off that extra energy! Parents, guardians, and/or day care providers must stay and participate with their children. Infants and toddlers under 12 months are not charged if they attend with paying sibling or day care groups.



PAY IN ADVANCE AND SAVE \$1 PER CLASS!

Section #	Dates*	Weeks	Fee
12713	8/3-8/24	4	\$16
418-0104-01	9/7-9/28	4	\$16
418-0104-02	10/5-10/26	4	\$16
418-0104-03	11/2-11/30	5	\$20
418-0104-04	12/7-12/21	3	\$12

No OPEN GYM ON 8/31

Located at the Joan Pisani Community Center,
Multipurpose Room 19655 Allendale Avenue, Saratoga

AGES 1-5
DROP-IN \$5

Register

for camps & classes

Online!

Visit www.saratoga.ca.us/recreation



1

Go to "online registration"

2

Create an account or login

3

Search for activities & register

WILD COYOTES

Wild Coyotes AGES 7-10

CAMP WILD COYOTES IS BACK WITH MORE FUN AND ADVENTURE! JOIN US DURING YOUR VACATION AS WE PLAY INTERACTIVE GAMES, PARTICIPATE IN ENRICHMENT, ARTS & CRAFTS, SCIENCE EXPERIMENTS, AND MORE! WE WILL BE TAKING A FIELD TRIP BOTH WEEKS OF CAMP. WITH OUR AMAZING REC LEADERS, CAMPERS WILL BE SURE TO HAVE A GREAT TIME!! PLEASE SEND YOUR CHILD WITH A SACK LUNCH, WATER BOTTLE, ATHLETIC SHOES, PRE-APPLIED SUNSCREEN, AND A SWEATSHIRT OR JACKET.

WARNER HUTTON HOUSE, 13777 FRUITVALE AVE.

INSTRUCTOR: CITY OF SARATOGA RECREATION DEPARTMENT STAFF

Section#	Dates	Time	Fee
128-0301-01	2/21-2/24	8:00-2:00p	\$160
128-0305-01	2/21-2/24	2:00-4:00p	\$65
228-0301-01	4/3-4/7	8:00-2:00p	\$190
228-0305-01	4/3-4/7	2:00-4:00p	\$75



NO REFUNDS OR TRANSFERS for City-conducted camps. Please be sure of your selection. If the City-conducted camp is canceled by the Recreation Department, you will receive a full refund or you can request to transfer to another activity.

Interested in Joining?

The Saratoga Youth Commission is comprised of eleven middle and high school residents who are appointed by the Saratoga City Council for two-year terms. As leaders of their community, the commissioner's role is to serve as a liaison between the young citizens of Saratoga and the City Council.

In addition, commissioners plan, promote and participate in community service, educational and fun activities for the City's youth. If you are interested in joining the Youth Commission, it is a prerequisite to attend at least one regular scheduled meeting during the current school year. Meetings are held the second Tuesday of every month and are located at the Warner Hutton House, 13777 Fruitvale Avenue. For more information about the Saratoga Youth Commission, visit our website at <http://www.saratoga.ca.us/cityhall/comms/youth>.

Lunar New Year Celebration



YAC Attack



YAC Social



Joint Council Meeting



Witchy Walk





SARATOGA COMMUNITY PRESCHOOL

Instructor: Dr. Marianne Swan, Ed. D. & Olivia Griswold, M.Ed.

This popular developmental program runs 9 months, September through May. Our philosophy is that play is of utmost importance, encouraging the child to be involved in what interests them most. Activities are developed around the changing seasons integrating the environment, world cultures, & traditions through songs, games, cooking projects & outdoor play. In these activities, children are developing skills in language arts, mathematics, science, music & movement. Saratoga Community Preschool is a parent participation program, where parents & caregivers volunteer in the classroom for a minimum of two days per month. There is a maximum of 20 children in this section. To register, and schedule your classroom tour please contact us at 408.741.1720 or saratogacommunitypreschool@gmail.com.

Please make checks payable to Saratoga Community Preschool LLC. Credit cards are not accepted. There is a one-time non-refundable \$100 registration fee. If you need to withdrawal from our 9-month program we ask for a 30-day notice. For more information, visit saratogapreschool.com. Enrollment for the 2016-2017 school year is ongoing. Saratoga Community Preschool follows the Saratoga Unified School District Calendar. Preschool Orientation is on Thursday September 8th from 9:00-10:00am.

SARATOGA COMMUNITY PRESCHOOL, 19655 ALLENDALE AVE.

Age	Day	Dates	Time	Fee
2.9-5yr	Tu, W, Th	Ongoing	9:00-11:30a	\$425/mo

KINDER CLUB, MOMMY & ME

Instructor: Dr. Marianne Swan, Ed. D. & Olivia Griswold, M.Ed.

In our popular Kinder Club Program, we focus on ideas and activities that nurture the creative, social, emotional, and physical growth of the child. Moms or caretakers are asked to stay with their children in this parent participation class. Class size is limited to 15 and you must make other arrangements for siblings that cannot be carried in a back or front pack. All material costs are included in the registration fee. Waitlists will be established for full classes and you will be notified if you are not placed in your first choice. Make-up classes within a session are available as space permits. There is a \$30 processing fee for all cancellations. To register, please contact us at saratogacommunitypreschool@gmail.com. Kinder Club follows the Saratoga Unified School District Calendar. For more information, call 408.741.1720.

SARATOGA COMMUNITY PRESCHOOL, 19655 ALLENDALE AVE.

NO CLASS: 10/10, 11/11, 11/21, 11/25, 12/23

Age	Day	Dates	Time	Fee
18mo-3yrs	M	9/12-12/19	9:30-11:00a	\$390
18mo-3yrs	F	9/9-12/16	9:30-11:00am	\$390

MY FIRST ART CLASS

Instructor: Patty Falk

Spend quality time with your toddler while creating art & having fun together! Each week features a new theme with five art stations. Projects are age appropriate, allowing children the freedom to explore materials at their own pace. Class ends on a musical note with singing & dancing! Parent participation is required. Wear your "grubbies"! A material fee of \$15 is payable to the instructor on the first day of class.

JPCC ARTS & CRAFTS ROOM

Section#	Age	Day	Dates	Time	Fee
413-0101-01	1.5-3	Tu	9/27-11/15	9:30-10:30a	\$109
413-0101-02	2-5	Tu	9/27-11/15	10:45-11:45a	\$109



MUSIC TOGETHER®

Give your child the very best Early Childhood Music & Movement Program available – Music Together! Expose them to every possible opportunity to learn and grow. Create a bond with them through music. Learn how to share the joys of music-making and the powerful benefits of having music in your young child’s life. From babyhood through the early elementary years, our Music Together program nurtures each child’s natural musicality. In our classes, grown-ups learn together with their children. Our award-winning curriculum supports grown-ups to use our music and home materials to further engage children – and experience the fun too! Music learning supports all learning and in Music Together class you learn why, and how! Add brilliance to your whole family’s life (siblings are welcome) – enroll today! A mandatory \$50 Lab Fee per family is payable to the instructor the first day of class.

Music Together® FAMILY SPECIAL

(IMMEDIATE FAMILY MEMBERS ONLY)

**Sign-up a 2nd sibling, get 20% off.
3rd sibling, 50% off.**

MUSIC TOGETHER® MIXED AGES

Instructor: Music Together Staff

Child development researchers have found that grouping together children of varying ages fosters a natural, family-style learning. The hallmark of the Music Together program, our Mixed-age Class gives children the environment they need to grow musically while interacting both socially & musically with peers of different ages. Younger children enjoy watching & imitating older ones; older children learn by leading younger ones; & adults are happy because their children can go to class together. Any or all of your child’s caregivers—parents, grandparents, nannies—can come share in the experience, both in class & at home. The whole family is welcome for this important family music experience. For additional class information, including an infant’s program, visit www.musicalme.com. Call to schedule your FREE trial class, (831) 438-3514.

MOMMY AND BABY BELLY

DROP-IN \$15

Instructor: Lila Von Tesch

Learn body toning and rejuvenating Bellydance moves while bonding with baby! This is a class for new mothers where all feelings are accepted, encouraged, and expressed through the art of Bellydance. Enjoy special time with baby as we play with veils and drums, and learn the fundamentals of Bellydance which will tone and strengthen the waist, hips, arms, and thighs. Bring baby’s car seats and carriers if you would like more freedom of movement during the dancing portion of the class. There is a \$20 materials fee which covers two chiffon veils, one for Mommy and one for baby. Each additional veil is \$10 each.

JPCC PATIO ROOM

Section#	Age	Day	Dates	Time	Fee
465-0510-01	0-2	W	9/14-11/2	10:00-10:45a	\$109

JPCC PORTABLE

NO CLASS: 10/10, 11/22, 11/25, 11/26

Section#	Age	Day	Dates	Time	Fee
414-0101-01	0-5	M	9/19-12/12	9:30-10:15a	\$230
414-0101-02	0-5	M	9/19-12/12	10:30-11:15a	\$230
414-0101-03	0-5	Tu	9/20-12/13	9:30-10:15a	\$230
414-0101-04	0-5	Tu	9/20-12/13	10:30-11:15a	\$230
414-0101-05	0-5	F	9/23-12/16	9:30-10:15a	\$230
414-0101-06	0-5	F	9/23-12/16	10:30-11:15a	\$230
414-0101-07	0-5	S	9/24-12/17	9:30-10:15a	\$230
414-0101-08	0-5	S	9/24-12/17	10:30-11:15a	\$230



PARENT AND TODDLER COOKING CREATIONS CLASS

Instructor: Jacquelyn Martinez

Toddlers and parents get to have fun in the kitchen together making hands-on foods with fresh ingredients. Kids will make recipes like pizza dough with veggie toppings, banana muffins, and gnocchi. Class is taught by a Registered Dietitian with an emphasis on balanced nutrition, delicious food, and working together. Enrollment is for one child and one adult. Please see website, www.ciaobellacooking.com for more details. A \$40 material fee is to be paid in cash or check to instructor first day of class. Materials fee includes an apron for kids to keep and covers the cost of ingredients.

LOS GATOS HIGH SCHOOL KITCHEN, CLASSROOM 100
20 HIGH SCHOOL CT., LOS GATOS

Section#	Age	Day	Dates	Time	Fee
463-0201-01	2-5	Tu	10/18-11/8	3:30-4:15p	\$80
463-0201-02	2-5	Tu	11/15-12/6	3:30-4:15p	\$80



BUDDING CHEFS

Instructor: Jacquelyn Martinez

Budding chefs create foods from scratch using fresh ingredients. Students will learn cooking skills and food safety while cooking recipes like fresh pasta with marinara sauce, fajitas with from-scratch tortillas, and Spring Rolls. Class is taught by a Registered Dietitian with an emphasis on balanced nutrition, delicious food, and working together. Please see website, www.ciaobellacooking.com for more details. A \$70 material fee is to be paid in cash or check to instructor first day of class. Materials fee includes an apron for kids to keep and covers the cost of ingredients.

LOS GATOS HIGH SCHOOL KITCHEN, CLASSROOM 100
20 HIGH SCHOOL CT., LOS GATOS

Section#	Age	Day	Dates	Time	Fee
433-0203-01	11-17	Tu	10/18-12/6	5:45-6:45p	\$170

KIDS IN THE KITCHEN

Instructor: Jacquelyn Martinez

Kids create foods from scratch using fresh ingredients. Students will learn cooking skills and food safety while cooking recipes like Italian pizza, California rolls, and peach crumble. Class is taught by a Registered Dietitian with an emphasis on balanced nutrition, delicious food, and working together. Please see website, www.ciaobellacooking.com for more details. A \$70 material fee is to be paid in cash or check to instructor first day of class. Materials fee includes an apron for kids to keep and covers the cost of ingredients.

LOS GATOS HIGH SCHOOL KITCHEN, CLASSROOM 100
20 HIGH SCHOOL CT., LOS GATOS

Section#	Age	Day	Dates	Time	Fee
423-0202-01	6-10	Tu	10/18-12/6	4:30-5:30p	\$170



JAVASCRIPT GAMES

Instructor: WhizKidz Staff

Learn how to build an arcade-style game using JavaScript. JavaScript is the de facto language of the browser and one of the most used languages today. This introductory course first covers some basic HTML and CSS. Then it delves into the fundamentals of programming, including the right way to use this often misunderstood language. You will be able to publish and share your game online for anyone to play on a computer, tablet or phone!

LGS RECREATION YOUTH RECREATION CENTER, ROOM A,
123 E. MAIN ST., LOS GATOS NO CLASS: 11/24

Section#	Age	Day	Dates	Time	Fee
426-0104-01	10-14	W	10/19-12/14	3:45-5:15p	\$345

YOUNG ENGINEERS: BIG BUILDERS

Instructor: Young Engineers Staff

In this hands-on program, Big Builders is designed to develop children's motor and spatial skills, while exploring geometric shapes and the animal kingdom. Using flexible K'nex pieces to assemble 3D models, Big Builders provides a hands-on educational experience, exposing children to engineering terminology, terms taken from the animal kingdom, science, and their current world. Children will have an opportunity to develop self-learning and communication skills, while enjoying themselves with their friends.

JGCC ARTS & CRAFTS ROOM NO CLASS: 10/15

Section#	Age	Day	Dates	Time	Fee
426-0103-01	4-6	Sat	9/24-11/19	10:00-10:45a	\$179

SCRATCH ANIMATION & PROGRAMMING

Instructor: WhizKidz Staff

Is it possible to learn programming without a lot of typing? You bet! Learn visual programming by snapping blocks together in a drag and drop fashion to create your own stories, animations and games. In this fun and easy-going environment, find out how to think critically and solve problems while collaborating in groups and making new friends. This is a great course to start your child in programming. All equipment is provided. No previous programming experience required.

LGS RECREATION YOUTH RECREATION CENTER ROOM A,
123 E. MAIN ST., LOS GATOS NO CLASS: 11/23

Section#	Age	Day	Dates	Time	Fee
426-0101-01	7-11	W	10/19-12/14	1:45-3:15p	\$325

MAD SCIENCE: SLOPPY SCIENCE 1 DAY MINI CAMP

Instructor: Mad Science Staff

The fun never stops at our Mad Science Sloppy Science camp day! Perform instantaneous experiments in this fast-paced camp and take home fun science stuff! Discover amazing things that glow bright in the dark and come to light! Explore the states of matter and make your own MAD MUD that is both a liquid AND a solid!

JGCC PATIO ROOM

Section#	Age	Day	Dates	Time	Fee
427-0715-01	6-11	W	11/23	9:00-4:00p	\$69

YOUTH DANCE



Saratoga School of Dance

For placement/questions please contact

Terry Phillips @ 831.247.2252 or missterry@got.net

BALLET/TAP

Instructor: Saratoga School of Dance, Terry Phillips

Combination of Tap & Ballet. Basic tap technique, rhythm & graceful ballet moves will be taught in this fun class

JPCC DANCE STUDIO

No CLASS : 11/25

Section#	Age	Day	Dates	Time	Fee
415-0101-01	3.5-5	Tu	9/6-10/25	10:30-11:15a	\$139
415-0101-02	3.5-5	F	9/9-10/28	10:00-10:45a	\$139
415-0101-03	3.5-5	F	9/9-10/28	11:55-12:40p	\$139
415-0101-04	3.5-5	Tu	11/1-12/12	10:30-11:15a	\$139
415-0101-05	3.5-5	F	11/4-12/16	10:00-10:45a	\$139
415-0101-06	3.5-5	F	11/4-12/16	11:55-12:40p	\$139

TINY TOTS

Instructor: Saratoga School of Dance, Terry Phillips

Enjoy music & creative movement while building strong motor skills. We'll dance with ribbons & magic wands working on coordination while having fun.

JPCC DANCE STUDIO No CLASS : 11/23, 11/25, 11/26, & 11/30

Section#	Age	Day	Dates	Time	Fee
415-0501-01	1.5-3	F	9/9-10/28	10:45-11:15a	\$129
415-0501-02	1.5-3	Sat	9/3-10/29	10:45-11:15a	\$129
415-0501-03	1.5-3	F	11/4-12/16	10:45-11:15a	\$129
415-0501-04	1.5-3	Sat	11/5-12/17	10:45-11:15a	\$129

BOYS TAP

Instructor: Saratoga School of Dance, Terry Phillips

Learn tap technique. Bring tap shoes.

JPCC DANCE STUDIO

No CLASS : 11/24

Section#	Age	Day	Dates	Time	Fee
425-0301-01	9-11	Th	9/8-10/27	6:10-7:10p	\$149
425-0301-02	9-11	Th	11/3-12/15	6:10-7:10p	\$149

THE NUTCRACKER

Instructor: Saratoga School of Dance, Terry Phillips

Audition for the Moscow Ballet's Great Russian

Nutcracker! The Nutcracker performance will be Tuesday, December 20, at 4:00 p.m. & 8:00 p.m. at the Flint Center in Cupertino. Moscow Ballet's Great Russian Nutcracker audition is Friday, October 7 at 6:00 p.m. at LGHS Community Room. For 10/14, 10/15, 12/3, 12/10, class will be held at LGS Youth Recreation Center, Rm A, 123 E. Main St., Los Gatos.

JPCC PATIO ROOM

No CLASS : 11/25, 11/26

Section#	Age	Day	Dates	Time	Fee
425-0507-01	5-17	F	10/14-12/9	6:05-7:05p	\$135
425-0507-02	5-17	Sat	10/15-12/10	4:00-5:00p	\$135

TUMBLE, TAP, & BALLET

Instructor: Saratoga School of Dance, Terry Phillips

Great introductory class! Learn basics of tumbling, tap & ballet. Tap & ballet shoes are recommended.

JPCC DANCE STUDIO

Section#	Age	Day	Dates	Time	Fee
425-0103-01	4.5-7	Tu	9/6-10/25	3:45-4:45p	\$149
425-0103-02	4.5-7	Tu	11/1-12/13	3:45-4:45p	\$149

BALLET

Instructor: Saratoga School of Dance, Terry Phillips

Ballet techniques as well as rhythm & music appreciation in a fun & playful way. Ballet shoes recommended.

JPCC DANCE STUDIO

No CLASS : 11/26

Section#	Age	Day	Dates	Time	Fee
415-0102-01	3-5	Sat	9/3-10/29	10:00-10:45a	\$139
415-0102-02	3-5	Sat	11/5-12/17	10:00-10:45a	\$139



HIP HOP JAZZ

Instructor: Saratoga School of Dance Staff

Learn Hip Hop, funk, routines & jazzy movements.

5:30P CLASS HELD IN THE JPCC PATIO ROOM

JPCC DANCE STUDIO

No CLASS : 11/24

Section#	Age	Day	Dates	Time	Fee
425-0401-01	5-8	M	9/12-10/24	3:30-4:30p	\$149
425-0401-02	9-13	M	9/12-10/24	4:30-5:30p	\$149
425-0401-03	5-8	M	11/7-12/19	3:30-4:30p	\$149
425-0401-04	9-13	M	11/7-12/19	4:30-5:30p	\$149
425-0401-05	5-9	Th	9/15-10/27	3:30-4:30p	\$149
425-0401-06	10+	Th	9/15-10/27	4:30-5:30p	\$149
425-0401-07	12+	Th	9/15-10/27	5:30-6:30p	\$149
425-0401-08	5-9	Th	11/10-12/22	3:30-4:30p	\$149
425-0401-09	10+	Th	11/10-12/22	4:30-5:30p	\$149
425-0401-10	12+	Th	11/10-12/22	5:30-6:30p	\$149

BALLET/TAP

Instructor: Saratoga School of Dance, Terry Phillips

Enjoy 30 min of tap & 30 min of classical ballet technique, developing grace & self-confidence.

JPCC DANCE STUDIO

No CLASS : 11/25, 11/26

Section#	Age	Day	Dates	Time	Fee
425-0104-01	4-6	Tu	9/6-10/25	2:45-3:45p	\$149
425-0104-02	4-6	Tu	11/1-12/12	2:45-3:45p	\$149
425-0104-03	5-7	F	9/9-10/28	3:30-4:30p	\$149
425-0104-04	5-7	F	11/4-12/16	3:30-4:30p	\$149
425-0104-05	5-10	Sat	9/3-10/29	1:15-2:15p	\$149
425-0104-06	5-10	Sat	11/5-12/17	1:15-2:15p	\$149
425-0104-07	7-11	F	9/9-10/28	4:30-6:00p	\$198
425-0104-08	7-11	F	11/4-12/16	4:30-6:00p	\$198

BALLET/POINTE

Instructor: Saratoga School of Dance Staff

Movement, grace & fun! Children will develop self-confidence & an appreciation of the art. Ballet shoes recommended.

JPCC DANCE STUDIO

No CLASS: 11/26

Section#	Age	Day	Dates	Time	Fee
435-0106-01	13+	Tu	9/6-10/25	7:45-8:15p	\$79
435-0106-02	12+	Sat	9/3-10/29	3:15-3:45p	\$79
435-0106-03	13+	Tu	11/1-12/13	7:45-8:15p	\$79
435-0106-04	12+	Sat	11/5-12/17	3:15-3:45p	\$79

BALLET

Instructor: Saratoga School of Dance, Terry Phillips

Movement, grace & fun! Children will develop self-confidence & an appreciation of the art. Ballet shoes recommended.

JPCC DANCE STUDIO

No CLASS : 11/24, 11/26

Section#	Age	Day	Dates	Time	Fee
425-0105-01	4.5-6	Sat	9/10-10/29	11:15-12:15p	\$149
425-0105-02	5-7	Tu	9/6-10/25	4:45-5:45p	\$149
425-0105-03	5-7	Tu	11/1-12/13	4:45-5:45p	\$149
425-0105-04	5-9	Sat	11/5-12/17	11:15-12:15p	\$149
425-0105-05	7-9	Sat	9/10-10/29	12:15-1:15p	\$149
425-0105-06	7-9	Sat	11/5-12/17	12:15-1:15p	\$149
425-0105-07	8-11	Tu	9/6-10/25	5:45-6:45p	\$149
425-0105-08	8-11	Tu	11/1-12/13	5:45-6:45p	\$149
425-0105-09	10+	Sat	9/10-10/29	2:15-3:15p	\$149
425-0105-10	10+	Sat	11/5-12/17	2:15-3:15p	\$149
425-0105-11	12+	Tu	11/1-12/20	6:45-7:45p	\$149
425-0105-12	12+	Tu	9/6-10/25	6:45-7:45p	\$149
425-0105-13	13+	Th	9/8-10/27	7:10-8:10p	\$149
425-0105-14	13+	Th	11/2-12/15	7:10-8:10p	\$149

LYRICAL

Instructor: Saratoga School of Dance Staff

Combines technical elements of classical ballet with the freedom & airier aspects of jazz, contemporary & modern dance.

JPCC ARTS & CRAFTS RM

No CLASS: 11/25

Section#	Age	Day	Dates	Time	Fee
435-0403-01	12+	F	9/9-10/28	5:15-6:00p	\$114
435-0403-02	12+	F	11/4-12/16	5:15-6:00p	\$114



FUTSAL KINGZ INDOOR SOCCER

Instructor: Futsal Kingz Staff

Futsal is a fun, fast-paced soccer game, played indoors within the lines of the basketball court (no walls), using a small, size 3 low-bounce ball. The game consists of two teams of four players and a goalkeeper with unlimited substitution and quick restarts.

CAMPBELL COMMUNITY CENTER, MAIN GYM, 1 W CAMPBELL AVE.

No CLASS: 11/27

Section#	Age	Day	Dates	Time	Fee
421-0405-01	5-6	Sun	9/11-10/30	10:40-11:25a	\$150
421-0405-02	7-8	Sun	9/11-10/30	11:25-12:25p	\$150
421-0405-03	9-12	Sun	9/11-10/30	12:25-1:25p	\$150
421-0405-04	5-6	Sun	11/6-12/18	10:40-11:25a	\$113
421-0405-05	7-8	Sun	11/6-12/18	11:25-12:25p	\$113
421-0405-06	9-12	Sun	11/6-12/18	12:25-1:25p	\$113

WORLD CUP SOCCER

Instructor: World Cup Soccer Staff

These trainings are customized to create many touches on the ball, improve dribbling, passing, receiving, and shooting. We form small groups (max. 10 players per coach) to ensure a focused practice. In addition, we end every session with small sided games. Your child will be a better player after this skills clinic.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
421-0408-01	5-6	Th	8/25-10/13	2:30-3:30p	\$189
421-0408-02	7-10	Th	8/25-10/13	3:30-4:30p	\$189
421-0408-03	5-6	Sat	8/27-10/15	10:00-11:00a	\$189
421-0408-04	7-10	Sat	8/27-10/15	11:00-12:00p	\$189

VOLLEYBALL

Instructor: Campbell Recreation Staff

Learn to improve your volleyball skills with drills & practice games. This class is intended for children of all skill sets. Each class begins with passing, serving, hitting & defensive drills followed by officiated games designed to focus on team defense and scoring strategies. The volleyball lessons are offered in two age brackets. Come sign up your child today to start working on these spikes!

CAMPBELL COMMUNITY CENTER, MAIN GYM, 1 W CAMPBELL AVE.

Section#	Age	Day	Dates	Time	Fee
431-1001-01	13-17	F	9/23-10/28	5:15-6:45p	\$93
431-1001-02	13-17	F	11/4-12/9	5:15-6:45p	\$93

INDOOR ROCK CLIMBING AT PLANET GRANITE

Instructor: Planet Granite Staff

These introductory classes explore all of the climbing features of the gym, including the bouldering walls, the top-rope walls, & more! Price includes a Planet Granite T-shirt! A parent must attend the first class to sign release paperwork; child may not participate without signed paperwork.

PLANET GRANITE
815 STEWART DR., SUNNYVALE

No CLASS: 11/23, 11/25

Section#	Age	Day	Dates	Time	Fee
421-1201-01	5-13	W	8/24-9/21	4:00-6:00p	\$154
421-1201-02	5-13	F	8/26-9/23	4:00-6:00p	\$154
421-1201-03	5-13	W	9/28-10/26	4:00-6:00p	\$154
421-1201-04	5-13	F	9/30-10/28	4:00-6:00p	\$154
421-1201-05	5-13	W	11/2-12/7	4:00-6:00p	\$154
421-1201-06	5-13	F	11/4-12/9	4:00-6:00p	\$154



MOMMY/DADDY & ME SOCCER

Instructor: Kidz Love Soccer Staff

The fun happens on the field, so don't just watch from the sidelines! Here's your chance to join in as you introduce your toddler to the world's most popular sport. Participate in fun, age-appropriate activities, & help your child to develop their motor & socialization skills. A variety of soccer activities are played each week, adult participation is required.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
461-0407-01	2-3.5	M	9/12-10/10	5:20-5:50p	\$66

TOT SOCCER

Instructor: Kidz Love Soccer Staff

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
411-0401-01	3.5-4	M	9/12-10/24	3:10-3:40p	\$84

PRE SOCCER

Instructor: Kidz Love Soccer Staff

Class Description: Children will have fun and learn the basic techniques of the game, while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required after the first meeting.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
411-0402-01	4-5	M	9/10-10/24	4:35-5:10p	\$84

SOCCER 1

Instructor: Kidz Love Soccer Staff

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Shin guards are required after the first meeting.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
421-0403-01	5-6	M	9/12-10/24	3:45-4:30p	\$84

SOCCER 2

Instructor: Kidz Love Soccer Staff

Kidz 7-11 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to enjoy the world's most popular game! Each participant receives a Kidz Love Soccer jersey. Shin guards are required.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
421-0404-01	7-11	M	9/12-10/10	6:00-6:45p	\$66

LET'S PLAY RUGBY

Instructor: Let's Play Rugby Staff

Kids will play games to use rugby skills in an open, unstructured situation and take those skills into mini-games, building up toward a realistic rugby game-like situation. Communication skills, passing and kicking, and non-contact team defense are accentuated.

EL QUITO PARK, ENTER AT WEST HOPE CHURCH PARKING LOT, 12850 SARATOGA AVE.

Section#	Age	Day	Dates	Time	Fee
421-0902-01	5-10	Su	9/18-10/30	4:00-5:00p	\$124



DEEP CLIFF GOLF

For more information or questions contact: Gerry Benton
408.253.5357 ext. 36 or Gerry@bentongolf.com
DEEP CLIFF GOLF COURSE: 10700 CLUBHOUSE LN. No CLASS: 11/26

DEEP CLIFF PARENT/CHILD GOLF

Parents & children, come spend quality time together learning the game that may be enjoyed for a lifetime. You'll receive instruction in skills, etiquette, & rules. FEE IS PER PERSON.

Section#	Age	Day	Dates	Time	Fee
461-0801-01	7+	Sat	9/10-10/1	8:30-10:00a	\$134
461-0801-02	7+	Sat	10/8-10/29	8:30-10:00a	\$134
461-0801-03	7+	Sat	11/5-12/3	8:30-10:00a	\$134

DEEP CLIFF JUNIOR GOLF

For beginning & novice young golfers, this class will get you started in (or help you to improve) the basic skills of putting, chipping, hitting, rules, & etiquette. This class prepares you for the next level, Intermediate Junior Golf or The Player's Camp/Academy.

Section#	Age	Day	Dates	Time	Fee
421-0802-01	7-17	Sat	9/10-10/1	10:30-12:00p	\$139
421-0802-02	7-17	Sat	10/8-10/29	10:30-12:00p	\$139
421-0802-03	7-17	Sat	11/5-12/3	10:30-12:00p	\$139

DEEP CLIFF INTERMEDIATE GOLF

(Prerequisite: Junior Golf or Golf Camp One). Designed in a "practice & play" format, this class will give you, the developing golfer, a place to build your fundamental & playing skills, your knowledge & fitness for playing golf. We then take it all onto the course & play!

Section#	Age	Day	Dates	Time	Fee
421-0803-01	7-17	Sat	9/17-10/8	3:00-6:00p	\$265
421-0803-02	7-17	Sat	10/15-11/5	2:00-5:00p	\$265
421-0803-03	7-17	Sat	11/12-12/10	2:00-5:00p	\$265

BASKETBALL

Instructor: Skyhawks Staff

Using our progressional curriculum & focusing on the whole player, we teach your child the skills they need for both on & off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork & responsibility as they will start each day with a 'skill of the day', & progress into drills & games making for an unforgettable experience for your young athlete. After lessons in passing, shooting, dribbling & rebounding you will see why this is one of our most popular programs.

REDWOOD MIDDLE SCHOOL OUTDOOR COURT

Section#	Age	Day	Dates	Time	Fee
421-1101-01	6-9	Tu	9/27-11/15	4:15-5:15p	\$115

TINY-HAWK

Instructor: Skyhawks Staff

In this Tiny-Hawk class, the essentials of basketball & soccer are introduced in a fun & safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, & skill development through a series of sport-specific games tailored to their attention spans. Our staff is trained to handle the specific needs of these young athletes.

JGCC MULTIPURPOSE ROOM

Section#	Age	Day	Dates	Time	Fee
411-1102-01	3-5	Tu	9/27-11/15	3:15-4:00p	\$105

DEEP CLIFF PLAYER'S ACADEMY

(Prerequisite: Intermediate Jr. Golf &/or instructor approval). Develop a more complete game with the emphasis on playing skills & improving your score. Bring your own equipment. Clubs can be provided by Deep Cliff.

Section#	Age	Day	Dates	Time	Fee
421-0804-01	10-17	Sat	8/27-9/17	2:30-6:30p	\$310
421-0804-02	10-17	Sat	9/24-10/15	2:30-6:30p	\$310
421-0804-03	10-17	Sat	10/22-11/12	2:00-6:00p	\$310
421-0804-04	10-17	Sat	11/19-12/17	1:00-5:00p	\$310



TEDDY TENNIS

Instructor: Skyhawkks Staff

Teddy Tennis is a fantastic educational program that inspires children to get active and learn to play tennis. It works by combining music (specially composed and played by Teddy Tennis), pictures (specially created by Teddy Tennis) and teddy bear stories (specially written by Teddy Tennis) into a totally interactive learning adventure that children love.

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE. No CLASS: 11/23

Section#	Age	Day	Dates	Time	Fee
411-0708-01	3-5	W	9/14-10/19	3:15-4:00p	\$105
411-0708-02	3-5	W	10/26-12/7	3:15-4:00p	\$105

BEGINNING ARCHERY

Instructor: Cal Sports Academy Staff

This course is for anyone interested in archery, but doesn't know where to begin, or those who have had experience but need some formal education to refresh the basics. Learn the ways of the range & program. We will teach the students about safety, range rules, historical & the modern Olympic archery, shooting fundamentals, form & function, marksmanship, sportsmanship, different shooting styles, types of bows, & equipment. You will be doing lots of fun drills, & games. We teach instinctive shooting techniques during this course & will shoot up to 10 yards maximum. All equipment is provided during the course.

CAL SPORTS ACADEMY
891 E. HAMILTON AVE.

No CLASS: 11/26

Section#	Age	Day	Dates	Time	Fee
421-0101-01	7-16	M	9/12-10/17	4:30-5:15p	\$124
421-0101-02	7-16	Sat	9/17-10/22	1:30-2:15p	\$124
421-0101-03	7-16	Sat	11/5-12/17	1:30-2:15p	\$124
421-0101-04	7-16	M	11/7-12/12	4:30-5:15p	\$124

SKYHAWKS ORANGE BALL TENNIS

Instructor: Skyhawkks Staff

Players develop their tennis technique, athletic and court coverage skills in order to achieve success in rallying consistency and in point playing on a 60 foot court. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players increase their rallying, volley, serve and point playing skills while improving their athleticism and shot consistency. Players will focus on using the proper shot techniques and court coverage skills before moving on to a 78 foot court.

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE. No CLASS: 11/23

Section#	Age	Day	Dates	Time	Fee
421-0710-01	7-10	W	9/14-10/19	4:10-5:10p	\$109
421-0710-02	7-10	W	10/26-12/7	4:10-5:10p	\$109

SKYHAWKS RED BALL TENNIS

Instructor: Skyhawkks Staff

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills on a 36 foot court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development.

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE. No CLASS: 11/23

Section#	Age	Day	Dates	Time	Fee
421-0709-01	6-9	W	9/14-10/19	4:10-5:10p	\$109
421-0709-02	6-9	W	10/26-12/7	4:10-5:10p	\$109



TERRIFIC TINY TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

Play FUN activities and games with low compression tennis balls on the “42 ft. court” that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students! We recommend the 23” to 25” rackets.

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE.

Section#	Age	Day	Dates	Time	Fee
421-0701-01	5-6	Sat	9/17-11/5	1:10-1:50p	\$105
421-0701-02	7-8	Sat	9/17-11/5	1:50-2:30p	\$105

QUICKSTART TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

Kids, 9-10 yrs. old, will enhance their skill development with low compression tennis balls on the “60 ft. court”. Play to learn!

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE.

Section#	Age	Day	Dates	Time	Fee
421-0702-01	9-10	Sat	9/17-11/5	2:30-3:30p	\$105

SKATEBOARDING FOR BEGINNERS

Instructor: Campbell Recreation Staff

Instruction is geared towards those with very little to no experience in a skatepark. Students will learn such skills as pushing properly, foot positioning and orientation with some obstacles. The goal of the class is to learn how to skate the elements of a skatepark. Class instructed by Campbell Skatepark Staff. All participants must bring their own board and safety equipment (helmet, knee pads and elbow pads).

CAMPBELL COMMUNITY CENTER, SKATEPARK, 1 W CAMPBELL AVE.

Section#	Age	Day	Dates	Time	Fee
421-0602-01	6-12	Sat	9/10-10/15	9:45-10:45a	\$75
421-0602-02	6-12	Tu	9/13-10/18	4:00-5:00p	\$75

JUNIOR NOVICE TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

For beginning to low intermediate players, ages 11-14. Develop the essential techniques with emphasis on control, depth, and direction. Lessons will also incorporate rules, etiquette, and basic strategy and tactics. Two courts grouped by ability.

SARATOGA HIGH SCHOOL (SHS) COURT #1 & 2, 20300 HERRIMAN AVE.

Section#	Age	Day	Dates	Time	Fee
421-0704-01	11-14	Sat	9/17-11/5	11:00-12:00p	\$105

JUNIOR INTERMEDIATE TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

Special service! For 2-5 players who are consistent on slow to medium paced shots but needs to develop more spin, power, and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance enhancing drills.

KEVIN MORAN PARK (KMP), 12415 SCULLY AVE.

Section#	Age	Day	Dates	Time	Fee
421-0705-01	11-14	Sat	9/17-10/22	3:30-4:30p	\$105

LITTLE SHREDDERS SKATEBOARDING

Instructor: Campbell Recreation Staff

Take the next step in skateboarding and develop more advanced skills! For those with skateboarding experience, are comfortable on a board, able to push and go down ramps. Students will learn how to master bigger elements of the skatepark and learn new trick progressions, including kick flip, lip tricks on the half pipe, and flat land tricks. Class instructed by Campbell Skatepark Staff. All participants must bring their own board and safety equipment (helmet, knee pads and elbow pads).

CAMPBELL COMMUNITY CENTER, SKATEPARK, 1 W CAMPBELL AVE.

Section#	Age	Day	Dates	Time	Fee
421-0601-01	6-12	Sat	9/10-10/15	11:00-12:00p	\$75



CPR

Instructor: Santa Clara County Fire Department Staff

Participants will learn how to perform CPR on an adult, child and infant, utilize an AED, and aid someone who is choking. Participants will receive an AHA HeartSaver CPR AED two-year certification (must pass a skills test). This is not a BLS CPR course for healthcare providers.

SUNNYOAKS FIRE STATION MCCORMACK TRAINING CENTER CLASSROOM

Section#	Age	Day	Dates	Time	Fee
438-0202-01	13+	Th	9/8	6:00-10:00p	\$55
438-0202-02	13+	Th	10/13	6:00-10:00p	\$55
438-0202-03	13+	Th	11/10	6:00-10:00p	\$55
438-0202-04	13+	Th	12/8	6:00-10:00p	\$55

PERSONAL EMERGENCY PREPAREDNESS (PEP)

Instructor: Santa Clara County Fire Department Staff

PEP is a free class designed to assist individuals to be able to survive the first 72 hours after a large disaster. Learn about types of disasters, home and work place preparedness, treating life-threatening conditions, fire safety, and disaster supply kit overview and information. PEP class is from 6:00-9:00pm and is offered monthly with next class on September 20th. To register or for more information, contact Santa Clara County Fire at communityoutreach@sccfd.org or (408) 378-4010. For additional dates and times, visit www.sccfd.org.

COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

Instructor: Santa Clara County Fire Department Staff

After a large-scale disaster, emergency services may be unavailable. People who are prepared in advance can work as a team. CERT trains participants about emergency preparedness and provides basic disaster response training to assist others when first responders are not immediately available. To register or for more information, contact Santa Clara County Fire at communityoutreach@sccfd.org or (408) 378-4010. Cost is \$35. Classes are held on Mondays and Wednesdays from 6:00pm-9:00pm, starting on September 12th through 28th with a graduation exercise on October 1st 9:30-12:30pm.

LOS ALTOS HILLVIEW COMMUNITY CENTER
97 HILLVIEW AVE., LOS ALTOS

DRIVERS ED ONLINE

Instructor: Economic Driving School Staff #2430

Reading, flash graphics, videos, & quizzes will prepare the reader to pass the written DMV test. Register: <http://www.economicdrivingschool.com/online/> When registering enter code 1272.

Online Code	Age	Day	Fee
1272	15	Online	\$68.50

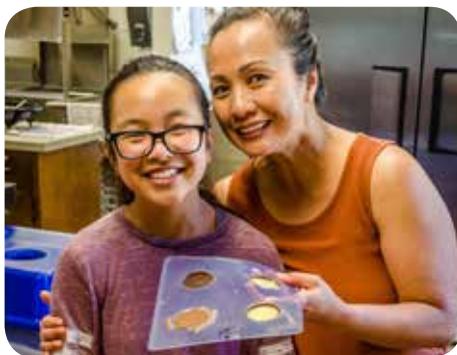
DRIVERS ED

Instructor: Economic Driving School Staff #2430

This California State requires 30-hour course is needed to obtain a driver's instruction permit; does not include behind the wheel instruction. Students MUST attend all sessions.

CAMPBELL COMMUNITY CENTER Q-84, 1 W. CAMPBELL AVE.

Section#	Age	Day	Dates	Time	Fee
433-0403-01	15+	Tu	12/20, 12/21, 12/27, 12/28	8:30-3:30p	\$150



ADULT OIL PAINTING

Instructor: Stefan Baumann

Learn basic drawing skills, color principle, composition, & painting techniques that are the cornerstone of all education programs. Individuals will select their own subjects to paint & Stefan will personally help every student paint extraordinary works of art. Please bring your own art supplies to class: brushes, paint palette, & canvas/material to paint. Classes meet 1st and 3rd Monday.

JPCC, ARTS & CRAFTS ROOM

Section#	Age	Day	Dates	Time	Fee
443-0102-01	18+	M	9/5, 9/19, 10/3, 10/17	6:00-9:00p	\$175
443-0102-02	18+	M	11/7, 11/21, 12/5, 12/19	6:00-9:00p	\$175

IKEBANA

Instructor: Michiko Shimoda

Ikebana is a Japanese style of flower arrangement. Learn the beauty of the simple line & use of space. The Sogetsu School always aims to be alive, using plants & flowers to vividly express experiences of the present age. Bring Ikebana scissors/pruners & a small container to the first class. An additional \$85 plant materials & textbook fee for new students OR \$60 plant material fee for continuing students, payable to the instructor on the first day of class.

JPCC, ARTS & CRAFTS ROOM

No CLASS: 11/23 & 11/24

Section#	Age	Day	Dates	Time	Fee
443-0501-01	18+	W	9/14-10/19	10:00-11:30a	\$89
443-0501-02	18+	Th	9/15-10/20	7:00-8:30p	\$89
443-0501-03	18+	W	11/2-12/14	10:00-11:30a	\$89
443-0501-04	18+	W	11/3-12/15	7:00-8:30p	\$89

BEADING AS A PRO

Instructor: Lena Okin

If you appreciate beautiful jewelry & are interested in creating it, then this class is for you! Relax & recharge with inspiring projects, good music, great company, & individual attention. Some students call it art therapy for Bay Area residents! No previous experience required. You'll learn the professional jewelry making techniques, while creating elegant & versatile pieces. The material fee (\$25-\$35) is paid to the instructor on the first day of the class. Additional materials are available for purchase. Tools are provided. For BYOB (11/7), bring your own beads.

WARNER HUTTON HOUSE

Section#	Age	Day	Dates	Time	Fee
443-0503-01	18+	M	9/12-9/19	6:30-8:30p	\$29
443-0503-02	18+	M	10/10-10/17	6:30-8:30p	\$29
443-0503-03	18+	M	11/7-11/14	6:30-8:30p	\$29

TRUFFLES

Instructor: Karen Moore

What if you could create beautiful, gift-worthy chocolate truffles in two hours? Well, you're in luck! Learn how to make elegant, dome shaped truffles. The instructor will walk you through 3 simple steps to making truffles using two different types of chocolate. White, milk and dark ganache will be flavored with exciting additions like Amaretto, Raspberry, and Coconut. Take home a dozen truffles in flavors of your choosing and receive a set of molds and notes from class, along with boxes to take home your impressive creations. A material fee of \$15 is payable to the instructor.

JPCC SENIOR CENTER KITCHEN & ADULT DAY CARE

Section#	Age	Day	Dates	Time	Fee
443-0204-01	12+	Sat	9/17	10:00-12:00p	\$50



CLASSICAL BALLET

DROP-IN \$20

Instructor: Saratoga School of Dance, Terry Phillips

Emphasis is on barre work. Build flexibility & strength while learning beautiful dance technique. Bring ballet slippers.

JGCC, DANCE STUDIO

Section#	Age	Day	Dates	Time	Fee
445-0107-01	18+	Tu	9/6-10/25	12:00-1:00p	\$149
445-0107-02	18+	Tu	11/1-12/13	12:00-1:00p	\$149

TAP WITH PEGGY

Instructor: Saratoga School of Dance, Peggy Paige

Get great exercise, meet new people & learn a great form of dance. Older adults have less hopping & jumping.

JGCC, DANCE STUDIO

Section#	Age	Day	Dates	Time	Fee
455-0302-12	55+	W	9/7-10/26	2:00-3:00p	\$149
455-0302-13	18+	Th	9/8-10/27	12:00-1:00p	\$149
455-0302-15	55+	W	11/2-12/21	2:00-3:00p	\$149
455-0302-16	18+	Th	11/3-12/22	12:00-1:00p	\$149
455-0302-17	55+	M	9/12-10/31	11:00-12:00p	\$149
455-0302-18	55+	M	11/7-12/19	11:00-12:00p	\$149

ADULT CHINESE BALLET

Instructor: Yang Yang Lyon

A continuation of introductory ballet for students with previous training. Instructors welcome both new & more advanced beginning students, offering choices of easier & more challenging exercises at the barre & center. For more information about class schedule & registration, contact Yang Yang Lyon at:

yangyang@benjaminlyon.net or 408.668.5448.

JGCC (ROOM VARIES, PLEASE CONTACT INSTRUCTOR)

TAP WITH BARBARA

Instructor: Saratoga School of Dance, Barbara Toney

Get great exercise, meet new people & learn a great form of dance. Older adults have less hopping & jumping.

JGCC, DANCE STUDIO

Section#	Age	Day	Dates	Time	Fee
455-0302-03	65+	Wed	9/7-9/28	11:15-12:15	\$66
455-0302-04	65+	Wed	9/7-9/28	12:30-1:30p	\$66
455-0302-05	65+	Wed	10/5-10/26	11:15-12:15	\$66
455-0302-06	65+	Wed	10/5-10/26	12:30-1:30p	\$66
455-0302-07	65+	Wed	11/2-11/30	11:15-12:15	\$66
455-0302-08	65+	Wed	11/2-11/30	12:30-1:30p	\$66
455-0302-09	65+	Wed	12/7-12/21	11:15-12:15	\$66
455-0302-10	65+	Wed	12/7-12/21	12:30-1:30p	\$66

LADIES SALSA STYLING

DROP-IN \$15

Instructor: Christine McMinn

Experience the sizzling spirit of this fun and energetic Latin-themed dance. We'll focus on footwork and patterns to get you moving while developing body movement, musicality, turns, arm styling and body isolations to the wonderful Latin rhythms.

JGCC MULTI-PURPOSE RM

Section#	Age	Day	Dates	Time	Fee
445-0202-01	18+	M-F	9/12-10/31	9:00-10:00am	\$98
445-0202-02	18+	M-F	11/7-12/19	9:00-10:00am	\$84

ADULT DANCE



For questions on Ballroom classes, contact Christine McMinn at dancegoals@yahoo.com or 408.859.5073.

Class fees are per couple, partners do not change. Proper no scuff-ballroom dance shoes are required.

On October 26, the last day of class, enrolled students in the first session will participate in a Halloween-themed dance party. From 7:15-7:45 p.m., there will be a free class. Dance party begins at 7:45 p.m. Light refreshments will be served. If you are not enrolled in that class, but would like to participate in the dance party, you may still attend (drop-in registration is available on night of party).

*Fees are \$10/single and \$15/couple.

BALLROOM LEVEL I

Instructor: Christine McMinn

Ideal if you have never danced before or a refresher if you have, class starts with the basics of each dance & guides you through patterns with some helpful hints on lead and follow. First session will be taught Swing and the second session will be Foxtrot.

JPCC, MULTI-PURPOSE ROOM

No CLASS: 10/5 & 11/23

Section#	Age	Day	Dates	Time	Fee
445-0203-01	18+	W	9/7-10/26	7:00-7:45p	\$119
445-0203-02	18+	W	11/9-12/14	7:00-7:45p	\$58

BALLROOM LEVEL III

Instructor: Christine McMinn

At this intermediate level, focus will be on dance patterns and technique through drills and repetition. You should have a comfortable understanding of Level I and II patterns.

JPCC, MULTI-PURPOSE ROOM

No CLASS: 10/5 & 11/23

Section#	Age	Day	Dates	Time	Fee
445-0205-01	18+	W	9/7-10/26	8:30-9:15p	\$119
445-0205-02	18+	W	11/9-12/14	8:30-9:15p	\$58

BALLROOM LEVEL II

Instructor: Christine McMinn

At this level, you should have a basic understanding of introductory dance patterns and have gone through a few rounds of the introductory class & ready to move on. Focus will be improving your level of technique & expand the use of patterns, lead follow, and floor craft. First session will be taught Rumba/Tango and the second session will be Swing.

JPCC, MULTI-PURPOSE ROOM

No CLASS: 10/5 & 11/23

Section#	Age	Day	Dates	Time	Fee
445-0204-01	18+	W	9/7-10/26	7:45-8:30p	\$119
445-0204-02	18+	W	11/9-12/14	7:45-8:30p	\$58

BALLROOM LEVEL IV

Instructor: Christine McMinn

At Level IV, this class requires many years of dance experience and will feature advanced patterns, technique, & styling.

JPCC, MULTI-PURPOSE ROOM

No CLASS: 10/5 & 11/23

Section#	Age	Day	Dates	Time	Fee
445-0206-01	18+	W	9/7-10/26	9:15-10:00p	\$119
445-0206-02	18+	W	11/9-12/14	9:15-10:00p	\$58

LINE DANCE

DROP-IN \$15

Instructor: Christine McMinn

In this beginner class, Line Dancing is easy to learn and has many benefits, most of all getting up and having a good time. You'll learn easy choreographed routines set to a variety of music. We'll go over new line dances as well as some "oldies but goodies". No partner required and all levels welcomed.

JPCC DANCE STUDIO

No CLASS: 10/6, 11/17 & 11/24

Section#	Age	Day	Dates	Time	Fee
445-0201-01	18+	Th	9/8-10/27	10:30-11:30a	\$79
445-0201-02	18+	Th	11/3-12/22	10:30-11:30a	\$79



MOMMY AND BABY BELLY

DROP-IN \$15

Instructor: Lila Von Tesch

Learn body toning and rejuvenating Bellydance moves while bonding with baby! This is a class for new mothers where all feelings are accepted, encouraged, and expressed through the art of Bellydance. Enjoy special time with baby as we play with veils and drums, and learn the fundamentals of Bellydance which will tone and strengthen the waist, hips, arms, and thighs. Bring baby's car seats and carriers if you would like more freedom of movement during the dancing portion of the class. There is a \$20 materials fee which covers two chiffon veils, one for Mommy and one for baby. Each additional veil is \$10 each.

JPCC PATIO ROOM

Section#	Age	Day	Dates	Time	Fee
465-0510-01	0-2	W	9/14-11/2	10:00-10:45a	\$109

BELLYDANCE BASICS

Drop-in \$15

Instructor: Lila Von Tesch

Learn the basics of Bellydance in the Turkish, Egyptian, and American Cabaret style! In this class, you will learn how to perform hip undulations, shimmies, snake arms, and many more moves, eventually adding veils and cymbals to develop your very own artistic expression. Tone your body while increasing your self-confidence & improving your memory as you learn different Bellydance moves and combinations. At the end of the session, we will enjoy a Hafla performance! Cymbals & veils will be available for purchase on the first day of class, or you may bring your own.

JPCC PATIO ROOM

No CLASS: 10/31

Section#	Age	Day	Dates	Time	Fee
435-0508-01	14+	M	9-12-11/7	6:30-7:25p	\$96

BELLYDANCE FOR FITNESS

DROP-IN \$15

Instructor: Lila Von Tesch

Claim your goddess physique! Bellydancing is excellent for increasing blood flow to all areas of the body. By facilitating movement to the muscles of the back, legs, and arms, Bellydancing is an essential way to strengthen and tone while having fun. The class will begin with a five-minute stretch, following by thirty minutes of calorie burning moves to the sizzling melodies of Bellydance fusion and classic Middle Eastern music, and concluding with ten minutes of yoga inspired, relaxation inducing stretches. Please bring a yoga mat.

JPCC PATIO ROOM

No CLASS: 10/31

Section#	Age	Day	Dates	Time	Fee
435-0509-01	14+	M	9/12-11/7	7:30-8:25p	\$96

DANCE FITNESS ZUMBA W/ CHRISTINE DROP-IN \$15

Instructor: Christine McMinn

Get fit in this new and exciting Zumba-based dance fitness class with professional dance & Zumba licensed instructor, Christine McMinn. Burn off those calories while moving to the sizzling Latin beats of Zumba & other upbeat music. Class is designed for all ages (18+) & dance moves are choreographed, but easy-to-follow. Wear gym shoes that don't have a lot of tread on the bottom best (i.e., tennis/ basketball/aerobic shoes).

12/13 will take place in the Patio Room.

JPCC MULTI-PURPOSE ROOM No CLASS: 10/8, 10/15, 11/26, 12/3

Section#	Age	Day	Dates	Time	Fee
442-0404-01	18+	Tu	9/6-10-25	9:30-10:30a	\$77
442-0404-02	18+	Tu	11/1-12/20	9:30-10:30a	\$77
442-0404-03	18+	Sat	9/10-10/29	9:45-10:45a	\$55
442-0404-04	18+	Sat	11/5-12/17	9:45-10:45a	\$55



MEDITATIVE HEALING HATHA YOGA DROP-IN \$15

Instructor: Asha Vis Vasantha Yoga
 Adapted for all ages (18+) and abilities, beginners & intermediate, this yoga class combines gentle & powerful movements with controlled, conscious breathing (Pranayama) & mindfulness to energize your muscles, joints and internal organs and to help self-heal injuries, pains and illnesses. Practice pressure points (“mudras”), simple chakra meditation to energize the energy centers to increase energy flow, eye exercises & deep relaxation/meditation to release stress, tension & toxins, improve your cognitive performance on daily tasks & enhance your clarity & discipline. Feel Rejuvenated, Refreshed and Relaxed. This yoga helps us improve our physical and emotional health to handle life’s challenges. Special health & self-help/development tips will be provided. Bring a thick exercise mat. Chairs will be provided if needed. First time participants can attend one class, free of charge, on a drop-in basis. 10/15 & 12/3 will be held in the Portable from 8-9am
 JPCC PATIO RM NO CLASS: 11/26

Section#	Age	Day	Dates	Time	Fee
442-0107-01	18+	Sat	9/10-12/17	8:30-9:45a	\$154

INTERMEDIATE HATHA YOGA WITH DR. BORTZ

DROP-IN \$20
Instructor: Sheri Bortz, M.D.
 This class is perfect for those with yoga experience who are looking for a more physically challenging class. The class structure is similar to Beginning Hatha Yoga with the option of learning head stands and shoulder stands and more advanced variations of basic poses at your own rate. Small class with lots of personal attention. Yoga mat, firm throw blanket, two foam blocks & a 10 foot yoga strap with buckle are required & are available through the instructor.
 GRACE BUILDING, 19848 PROSPECT RD. NO CLASS: 11/24

Section#	Age	Day	Dates	Time	Fee
442-0102-01	18+	Th	9/15-12/22	7:00-8:30p	\$168

BEGINNING HATHA YOGA WITH DR BORTZ

DROP-IN \$20
Instructor: Sheri Bortz, M.D.
 These classes combine the focus & strength of Iyengar Yoga with the gentleness & use of breath of Viniyoga. Each class includes poses, yoga philosophy, & relaxation. Beginning Hatha is a great introduction for those new to yoga or those with some yoga experience. Yoga mat, firm throw blanket, two foam blocks & a 10 foot yoga strap with buckle are required & are available through the instructor. Visit askdrbortz.com for more information.
 TUES: GRACE BUILDING, 19848 PROSPECT RD.
 FRI: FRIENDSHIP HALL, 19848 PROSPECT RD.
 NO CLASS: 11/22, 11/25

Section#	Age	Day	Dates	Time	Fee
442-0101-01	18+	Tu	9/13-12/20	7:00-8:30p	\$168
442-0101-02	18+	F	9/16-12/23	10:30-12:00p	\$168

RESTORATIVE YOGA WORKSHOP: RELAX & RENEW AFTER THE HOLIDAYS

Instructor: Sheri Bortz, M.D.
 This workshop is a lovely end to the holiday season. Starting with some simple flowing poses with the breath, we will move into some breath work exercises. Then on to restorative yoga where we relax into poses completely supported with bolsters, chairs and blankets. Relax the body, center and calm your mind to prepare to enjoy 2017. Bring a yoga or exercise mat, yoga props if you have them. Other supports for restorative poses will be there for you at the class. Any questions contact the teacher at: askdoctorbortz@aol.com.
 GRACE BUILDING, 19848 PROSPECT RD.

Section#	Age	Day	Dates	Time	Fee
442-0103-01	18+	Sat	1/7/2017	10:15-12:15p	\$25



YOGA FOR THE BLIND

DROP-IN \$15

Instructor: Nancy Jamello, Lynn McFarlane

This class is open to sighted & visually impaired, but with special attention to teaching blind adults GENTLE yoga moves. Working with the therapeutic aspects of yoga, we will focus on improving mobility, balance & relaxation techniques, and strengthening and stretching your spine. Students must be generally healthy, willing & able to work at their own level. No prior yoga necessary. Individual mats provided. Please bring a large towel. Guide dogs welcome, but not necessary. Classes are held the 1st and 3rd Monday of each month.

Section#	Age	Day	Dates	Time	Fee
442-0105-01	18+	M	9/19, 10/3, 10/17	3:00-4:30p	\$30
442-0105-02	18+	M	11/7, 11/21, 12/5, 12/19	3:00-4:30p	\$40

TAI CHI

DROP-IN \$20

Instructor: Vivian Liu

Learn traditional Chen-style Taijiquan form, Silk-reeling Exercises (SRE) & Wuji Qigong. Taijiquan form & (SRE) will help you to develop strength, balance, coordination & understanding of basic Taiji principles. Wuji Qigong (standing meditation & breathing exercise) will help you cultivate internal energy (qi), which can enhance your immune system, & reduce physical & mental stress. The 10:30 a.m. class is geared toward beginners, while the 11:45 a.m. class is for those who are intermediate & have previous Chen Style Taiji experience.

10/15: ARTS & CRAFTS ROOM, 12/3: SENIOR CENTER

JPCC PATIO ROOM (10:30) AND SENIOR CENTER MP (11:45 A.M.)

Section#	Age	Day	Dates	Time	Fee
442-0201-01	18+	Sat	9/10-10/29	10:30-11:45a	\$83
442-0201-02	18+	Sat	9/10-10/29	11:45-1:00p	\$83
442-0201-03	18+	Sat	11/5-12/17	10:30-11:45a	\$97
442-0201-04	18+	Sat	11/5-12/17	11:45-1:00p	\$97

YOGA WITH NANCY

DROP-IN \$15

Instructor: Nancy Jamello

Open to all levels, you will work on flexibility, strength, balance & relaxation. Beginners will learn basic Hatha Yoga & ways to adapt to their own level. Ongoing & intermediate students will further their practice through faith, self-discipline, concentration & patience. Bring a large towel or small blanket; mats are provided. On 11/17, class will be held in the Arts & Crafts Room.

JPCC MULTI-PURPOSE ROOM

NO CLASS: 11/24

Section#	Age	Day	Dates	Time	Fee
442-0104-01	18+	Th	9/15-12/22	10:30-12:00p	\$139

ROSEN METHOD

DROP-IN \$15

Instructor: Patricia Angelina

Set to music, these easy, slow movements are designed to alleviate muscular tension & pain, improve posture, flexibility, coordination & balance. They also increase range of motion, ease of breathing & deepen awareness of the body. Rosen movements are preventive as well as restorative. It's adaptable for those with pain or physical limitations. Low impact, dance-like, and playful. Bring a mat or towel. First class is free for new students.

JPCC PORTABLE

NO CLASS: 11/24

Section#	Age	Day	Dates	Time	Fee
442-0106-01	18+	Th	9/8-10/13	10:00-11:00a	\$74
442-0106-02	18+	Th	10/27-12/15	10:00-11:00a	\$87

ADULT FITNESS



ADULT NOVICE TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

Develop the essential techniques with emphasis on control, depth, and direction. Lessons will also incorporate rules, etiquette, and basic strategy and tactics.

TUES: KEVIN MORAN PARK (KMP), 12415 SCULLY AVE. SARATOGA

SAT: SARATOGA HIGH SCHOOL (SHS)

COURT #1 & 2, 20300 HERRIMAN AVE.

Section#	Age	Day	Dates	Time	Fee
441-0707-01	15+	Tues	9/13-11/1	10:00-11:00a	\$105
441-0707-02	15+	Sat	9/17-11/5	9:00-10:00a	\$105

ADULT INTERMEDIATE TENNIS

Instructor: Whitlinger/Sarsfield Tennis Staff

Develop the essential techniques with emphasis on control, depth, and direction. Lessons will also incorporate rules, etiquette, and basic strategy and tactics.

TUES: KEVIN MORAN PARK (KMP), 12415 SCULLY AVE. SARATOGA

SAT: SARATOGA HIGH SCHOOL (SHS)

COURT #1 & 2, 20300 HERRIMAN AVE.

Section#	Age	Day	Dates	Time	Fee
441-0706-01	15+	Tues	9/13-11/1	11:00-12:00p	\$105
441-0706-02	15+	Sat	9/17-11/5	10:00-11:00a	\$105

INDIVIDUAL TENNIS LESSONS

Personal & semi-private lessons (1-4 players) for all ages are taught by the staff of Stanford Hall of Famer John Whitlinger & Stanford/USPTA Pro Tom Sarsfield. Please visit WhitlingerSarsfieldTennis.com to contact our Pro(s) directly to set up your lesson(s). Lessons (Tuesdays and Thursdays 9am-1pm) are held at Kevin Moran Park (KMP), 12415 Scully Ave. PRO'S HOURLY RATE: \$75 for one player. Add \$5 per hour for each additional person. Discounts may be available for three (3) hours or more lessons paid in advance. Payment for lesson(s) must be given to the instructor at the time of your first lesson. Only checks payable to TOM SARFIELD will be accepted (no cash or credit card).

PARENT/CHILD GOLF

Instructor: Deep Cliff Golf Staff

Parents & children, come spend quality time together learning the game that may be enjoyed for a lifetime. You'll receive instruction in skills, etiquette, & rules.

FEE IS PER PERSON. For more information or questions contact: Gerry Benton 408.253.5357 ext. 36 or

Gerry@bentongolf.com

DEEP CLIFF GOLF COURSE: 10700 CLUBHOUSE LN. No CLASS: 11/26

Section#	Age	Day	Dates	Time	Fee
461-0801-01	7+	Sat	9/10-10/1	8:30-10:00a	\$134
461-0801-02	7+	Sat	10/8-10/29	8:30-10:00a	\$134
461-0801-03	7+	Sat	11/5-12/3	8:30-10:00a	\$134

DEEP CLIFF GOLF: WOMENS GOLF

Instructor: Deep Cliff Golf Staff

Ladies, come join a class of all women to learn the skills of putting, chipping, pitching, and full swing. This is a really fun class for new golfers, as well as for those who want to improve their skills. Meet new friends as you play. Rules and etiquette are also covered.

DEEP CLIFF GOLF COURSE: 10700 CLUBHOUSE LN. No CLASS: 11/26

Section#	Age	Day	Dates	Time	Fee
441-0805-01	18+	Sat	9/17-10/8	10:00-11:30a	\$139
441-0805-02	18+	Sat	10/15-11/5	10:00-11:30a	\$139
441-0805-03	18+	Sat	11/12-12/10	10:00-11:30a	\$139

DEEP CLIFF GOLF: ADULT GOLF

Instructor: Deep Cliff Golf Staff

Acquire the basics of golf or improve your present skills. Focus is on putting, chipping, sand shots, & the full swing. For more information or questions contact: Gerry Benton 408.253.5357 ext. 36 or Gerry@bentongolf.com

DEEP CLIFF GOLF COURSE: 10700 CLUBHOUSE LN.

Section#	Age	Day	Dates	Time	Fee
441-0806-01	18+	Sat	9/10-10/1	1:00-2:30p	\$139
441-0806-02	18+	Sat	10/8-10/29	12:30-2:00p	\$139



BURN IT!

Instructor: Jeffrey Berger

This unique hybrid combines Cardio Kickboxing & High-Intensity Body Weight Intervals! Your heart rate will pump to its max as we move to a safe & steady beat! Halfway, we flip it so your endurance is pushed to its limits while your body incinerates calories! The concentration on correct technique will keep you safe as the bangin' beats drive you to power through the burn! All fitness levels are welcome.

Location	Day	Dates	Time
Friendship Hall	Tu	Ongoing	6:00-6:45p
Friendship Hall	Sat	Ongoing	8:00-8:45a

COME BURN IT! BUILD IT!

Instructor: Jeffrey Berger

This class effectively utilizes various strength & conditioning modalities to help you attain or maintain your physique. Whether you are looking to lose body fat, tone up or build your strength & endurance, this one stop body blast keeps you motivated & wanting more! It will challenge your mind & body with exercises that are safe, doable, effective & fun. The beginner, intermediate & advanced versions of each exercise make this program open to all fitness levels.

Location	Day	Dates	Time
Friendship Hall	Tu	Ongoing	6:45-7:45p
Friendship Hall	Th	Ongoing	6:45-7:45p
Grace Building	Sat	Ongoing	9:00-10:00a

COME BUILD IT! BANG IT!

Instructor: Jeffrey Berger

This power kickboxing class is focused on the safe practice of controlled contact. Utilizing gloves & focus mitts, partners will go through various drills & combinations that will challenge the mind & body. Every punch, kick, knee, & elbow involves your core! The instructor will motivate the beginners while the more experienced are pushed to their limits. Come bang it! bFit by Jeffrey Berger For prices, dates & registration contact Jeffrey Berger at 408.429.3879, bfit@post.com, www.bfit.club

Location	Day	Dates	Time
Friendship Hall	Th	Ongoing	6:00-6:45p

JAZZERCISE

DROP-IN \$15

Instructor: Rebecca Hayton

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast! It's a calorie-torching, hip-swiveling, Shakira'dbe-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Incinerate up to 800 cph (that's calories per hour) in one 60 minute class. Our classes will leave you breathless, toned, & coming back for more. Expect to feel results after 3 classes, & expect to stick with it. Why? Because it works. So stop working out, and start working it...with Jazzercise. Jazzercise Fees: Unlimited classes: \$54/month. One time joining fee \$30 for new students For information about registration contact: Rebecca Hayton 408.393.7983 or rebhayton@gmail.com SARATOGA PROSPECT CENTER, 19848 PROSPECT RD.

Class	Age	Day	Dates	Time
Jazzercise	14+	M-Th	Ongoing	8:00-9:00a
Jazzercise Strength Training	14+	F	Ongoing	8:00-9:00a
Jazzercise	14+	M-Sat	Ongoing	9:00-10:00a
Jazzercise	14+	M/W	Ongoing	5:30-6:30p
Jazzercise	14+	Tu/Th	Ongoing	4:30-5:30p

Saratoga Area Senior Center

"Providing access to physical & social activities along with resource services that improve the overall quality of life for aging adults."

The **Saratoga Senior Center**, serving the West Valley area, offers a wide variety of social & fitness classes, presentations, entertainment, special events, and health & social services to its community.

The Outlook, our monthly newsletter, has our programs, classes and events available at the center.



Become a member today!

Join the fun at the Saratoga Senior Center!

"A Dance to Remember"

Saturday, September 10, 2016

4:00 pm Health Speakers & Brain Games

5:00 pm Dinner

6:00 pm Live Music and Dancing

\$20 for Senior Center Members

\$30/person or \$50/couple

For Info & Tickets 408-868-1257

Sponsored by Whole Brain Health & the Saratoga Senior Center

Silicon Valley Health & Wellness Expo

Saturday, October 29, 2016

10am - 1pm

Saratoga Community Center

Joan Pisani Room

FREE for the Public!

Health and wellness screenings and services, senior home care, senior advocates, transportation, and more.

Vaccinations are free with Medicare. Please bring your insurance card. Limited quantity of vouchers.

Saratoga Senior Center Renovation Project

The Saratoga Area Senior Coordinating Council is excited to embark on a much needed renovation project that will transform the Saratoga Senior Center into a treasured destination for our community members.

For Information on how YOU can help, contact Executive Director Tylor Taylor @ 408-868-1254

408-868-1257



www.sascc.org

Saratoga Adult Care Center

“Providing access to physical & social activities along with resource services that improve the overall quality of life for aging adults.”



The **Saratoga Adult Care Center** offers safe and engaging adult day care for less independent adults five days a week. Our loving and caring staff seek to help less independent older adults maintain their quality of life, independence, and remain in their home and community for as long as possible. We do this by offering an individualized, activity-based program in a warm and inviting setting.

In addition, the Saratoga Adult Care Center is proud to be VA approved. The VA generously funds the Veterans to attend our program. Equally important are the respite, resources and support we provide to the family and caregivers facing the challenges of caring for a loved one. We are passionate about our services and our professional staff is committed to maintaining the highest quality of life for those we serve.

A glimpse of the weekly activities for ACC

Monday	Tuesday	Wednesday	Thursday	Friday
Fun w/Cindy	Reminiscing w/Betsy	Fun w/ Jena	Music w/ Cathy	Bingo
Geography w/ Juliana	Trivia w/ Betsy	Exercise	World Travel	Ball Toss
Trivia w/ Juliana	Bean Bag Toss		Volleyball	
	Birthday word Game	Trivia w/ Jena		Music w/ Cathy
		Video	Furry Friends	World Travel

Call for a COMPLIMENTARY Visit Day

Do you know someone who is in need of a little extra assistance in a warm, safe, and friendly environment?

We invite you to come visit our day program! Our days are filled with music, fun activities, Zumba exercise, world history, traveling and socializing with peers.

Of equal importance is the respite we provide for family and caregivers.

408-868-1262



www.sascc.org

Great Getaways

San Francisco Giants
Wednesday, August 17th
11:15am-5:00pm
\$93- Trip #12015.16

Join us as we watch the San Francisco Giants take on the Pittsburgh Pirates! With 3 World Championships in the last 6 years and a consistently packed house, the atmosphere at AT&T Park is always electric! Enjoy a memorable experience at the perfect destination. We will be sitting in section 307 on the first base line in the shade. A \$12 food voucher is included for concession stand purchases. Return time is approximate and based on the conclusion of the ball game.

Explore San Francisco with Luncheon at Presidio Café
Thursday, September 1st
9:15am-3:45pm
\$75- Trip #22009.16

Join us on the trip where you get to choose! Participants have the option of spending their morning shopping at the Ferry Building or walking across the beautiful Golden Gate Bridge! For those who want moderate exercise at a scenic setting, we will take a nice mile and a half walk across the Golden Gate Bridge. From the Golden Gate Bridge, you can see stunning vistas of San Francisco and Marin County, as well as Alcatraz, Angel Island, and oceangoing liners passing through the bridge's tall red towers. Following the walk, we will meet the rest of the group and travel to the Presidio Café for a wonderful lunch. Entrée choices include **Cobb Salad, Presidio Birdie Special, or the Fairway Cheeseburger**. Don't forget your cameras!!

Carmel for the Day
Wednesday, October 5th 2016
9:45am-5:00pm
Price \$89 - Trip 459-0503.01

Travel with us as we venture to Carmel for a relaxing day of dining and shopping. We will start our day with a hosted lunch at Clint Eastwood's Hogs' Breath Inn. Lunch options include: Dirty Harry Burger, Salinas Valley Grilled Salmon Salad, and Prime Rib sandwich. Following lunch, you will have time on your own to shop in downtown Carmel. Carmel shopping is metropolitan style, though wholly unique in setting. The most discriminating shopper is sure to find something of great appeal in one of the town's stone-paved alleyways or curlicue-roofed shops. From outdoor malls to family-owned boutiques, Carmel offers a shopping environment that wants for nothing but infinite time to explore.

Thank you for choosing the City of Saratoga Recreation Department for your Great Getaways! The bus departs from the Joan Pisani Community Center, 19655 Allendale Ave., Saratoga.
All trips will be escorted by a City of Saratoga staff member. Please arrive 15 minutes before departure.
Trips are NONREFUNDABLE so please be certain of your selection.

For more information about trips, contact the City of Saratoga Recreation Department at 408.868.1249, drop by the Joan Pisani Community Center, or visit us at <http://www.saratoga.ca.us/recreation>.

Great Getaways

A Taste of Napa County

The Hess Collection Winery and Art Museum and Luncheon at Fume Bistro

Thursday, October 20th 2016

8:30am-7:00pm

Price \$141 - Trip #459-0602.01

We will start our by dinning in Napa County at Fume Bistro. Known for the seasonally inspired menus straight from the farmer's market and regional growers, personal service, and a friendly, welcoming atmosphere. Lunch options include: Chicken BLT Sandwich, Oven Roasted Salmon Filet, or Slow Roasted Pulled Pork Sandwich and a house made brownie sundae for dessert. Following lunch, we will head to the Hess Collection Winery and Art Museum. The winery has earned international recognition for its wine, culinary and visitor programs while providing free public access to Donald Hess' extensive private contemporary Art Museum. We will go wine tasting and take a professionally led tour of the Art Museum.

The Lion King

Thursday, November 3rd 2016

9:30am-6:30pm

Price \$129 - Trip #459-0404.01

More than 85 million people around the world have experienced the awe-inspiring visual artistry, the unforgettable music, and the uniquely theatrical storytelling of this Broadway spectacular – one of the most breathtaking and beloved productions ever to grace the stage. Winner of six Tony Awards®, including Best Musical, **THE LION KING** brings together one of the most imaginative creative teams on Broadway. **THE LION KING** also features the extraordinary work of Tony Award®-winning choreographer Garth Fagan and some of Broadway's most recognizable music, crafted by Tony Award®-winning artists Elton John and Tim Rice. We will watch this performance from Orchestra seats! Prior we will start our day in Union Square for time on your own to eat and/or shop.

What's New in the Presidio? With Gary Holloway

Thursday, November 10th 2016

8:30am-5:45pm

Price \$110 - Trip #459-0103.01

The Presidio of San Francisco is the oldest military post in our state. Founded by the Spanish army in July of 1776, in what was subsequently a Mexican army post, and, since 1846, both a U.S. Army post and a unit of the National Park Service. To honor the 100th Anniversary of this Service, we are going to spend a day exploring the 1,500 acres of this historic meeting of land and water. We will learn about many of the 400 historic buildings, including the recently-restored Officer's Club, and talk of the many unique museums and non-profits found at the Presidio. And, we'll drive all over the park to find the many recent improvements which have made to facilitate public access by vehicles, on bikes and on foot. A highlight will be a stop under the Golden Gate Bridge at Fort Point, to breathe-in the fresh salt air and take-in the famous views across San Francisco Bay. Arranged by popular demand, we will dine at the Magic Flute for lunch. You will be served their famous Quiche lunch and Chocolate Cake for dessert.

Berkeley Tour with Gary Holloway

Thursday, December 1st

8:15am-6:00pm

\$115- Trip #459-0104.04

The historic settlement that became Berkeley was founded shortly after the Gold Rush of 1848, as a fishing village along San Francisco Bay. In the 1860's, the regents of the new University of California decided to move the campus from downtown Oakland to a rural thousand acres adjacent to two flowing streams, and to name the new area Berkeley, for a prominent Irish philosopher. On this day of exploration, we will visit the fabulous University Botanical Garden, in a beautiful canyon above the main campus and visit the newly-restored Women's Building, designed by famed architect Julia Morgan. Lunch will follow at the legendary Spenger's Seafood Restaurant, near the city's waterfront. Following lunch, we will visit the new Berkeley Art Museum, across the street from the UC campus. Come join us for a day of wonderful new things in Berkeley.

Great Getaways

Irving Berlin's White Christmas

Wednesday, December 14th

9:30am-6:30pm

\$114- Trip #459-0405.01

IRVING BERLIN'S WHITE CHRISTMAS tells the story of a song-and-dance team putting on a show in a magical Vermont inn and falling for a stunning sister act in the process. Full of dancing, laughter and some of the greatest songs ever written! Give everyone the gift they're dreaming of with this merry and bright holiday musical. Start with a timeless tale of joy and goodwill, fill it with classic Irving Berlin songs, top it off with glorious dancing and lots of snow. Prior to the show, we will stop in Union Square where you will have time on your own to grab a bite to eat and do some light stopping. Then we will head to the Golden Gate Theater where orchestra seats await us.

Museum Of Modern Art MOMA and luncheon at Palomino's

Thursday, January 5th 2017

8:45am- 4:30pm

Price \$115- Trip #159-0105.01

Join us as we take tour of the newly renovated SF MOMA. Following our tour, you will have time on your own to explore. The SF MOMA is committed to exploring the new, the challenging, and the unexpected. From their internationally recognized and rapidly growing collection of more than thirty thousand artworks to innovative film and performance programs, SF MOMA has continuously advanced the interpretation, presentation, and preservation of modern and contemporary art — embracing its connection to the world around us. Following our time spent at the museum, we will travel to Palomino's on Embarcadero for a hosted lunch. As a starter, you have your choice or the Soup of the Day or Caesar Salad. Your entrée choices include; Rigatoni Bolognese, Capellini Pomodoro, Chicken Marsala, or Grilled Salmon. For dessert, you have your choice of Tiramisu, Gelato, or Sorbet. Make sure you sign up for this trip early!

National Steinbeck Center and luncheon at the Steinbeck House

Wednesday, January 18th 2017

8:15am-4:00pm

Price \$96 - Trip #159-0106.01

Join us for a docent lead tour of the Steinbeck Center! The National Steinbeck Center is located in Salinas, the birthplace of Nobel Prize-winning author John Steinbeck. In addition to hosting a premier collection of artifacts, books, and film clips, the Steinbeck Center strives to share John Steinbeck's values of build community, and celebrating creativity in communities across the nation. Following out time spent at the museum, we will travel to the Steinbeck House which was the birthplace and boyhood home of author John Steinbeck. During our visit to the Steinbeck House, we will enjoy a hosted lunch and a presentation on Steinbeck's early years.

Thank you for choosing the City of Saratoga Recreation Department for your Great Getaways! The bus departs from the Joan Pisani Community Center, 19655 Allendale Ave., Saratoga.

All trips will be escorted by a City of Saratoga staff member. Please arrive 15 minutes before departure.

Trips are NONREFUNDABLE so please be certain of your selection.

For more information about trips, contact the City of Saratoga Recreation Department at 408.868.1249, drop by the Joan Pisani Community Center, or visit us at <http://www.saratoga.ca.us/recreation>.

Great Getaways

Finding Neverland

Date, Time, & Price To Be Announced

Broadway's biggest new hit and the winner of Broadway.com's Audience Choice Award for Best Musical, this breathtaking smash "captures the kid-at-heart," says *TIME Magazine*. *Vogue* cheers, "It's a must-see you'll remember for years to come!" Directed by visionary Tony®-winner Diane Paulus and based on the critically-acclaimed Academy Award® winning film starring Johnny Depp, **FINDING NEVERLAND** tells the incredible story behind one of the world's most beloved characters: Peter Pan. Prior to the show, we will be traveling to Union Square for time on your own for lunch and shopping. Don't miss this experience as we watch Finding Neverland from Orchestra seats.

Discover West Marin with Gary Holloway

Thursday, February 16th 2017

8:00am-6:30pm

Price \$105 - Trip 159-0504.01

Lets visit one of the most beautiful and varied parts of our state, West Marin County, with step-on-guide Gary Holloway. Our day begins with a stop at the oldest cheese factory in the nation, the Marin French Cheese Factory, just west of Novato. Then, we will head through several valleys to the headquarters of the Point Reyes National Seashore, to walk the famous 1906 Earthquake Trail and see the Park Visitor's Center. From here we follow the line of the San Andreas Fault to lunch at the Station House Cafe in Point Reyes. Following lunch, we travel north on California Highway One through the villages of Marshall and Tomales, and finally head inland over the coastal hills to Petaluma, for a stop at century-old Creamery, for a no-host ice cream treats.

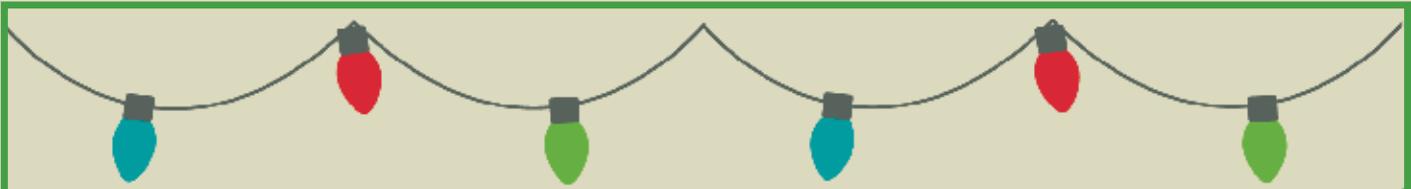


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Saratoga Holiday **TREE LIGHTING** *and* **WINE STROLL**

Friday, November 25, 2016
5:00 p.m. @ Saratoga Village

Kick off the holidays with a one-of-a-kind Saratoga tradition with a Dickens twist! Enjoy lights, Saratoga's unique shops, and holiday activities for all ages in downtown Saratoga on Big Basin Way.

Event Festivities:

Tree Lighting Ceremony at 5:30p.m.
Wine Stroll 5:00p.m.–8:00p.m.

Entertainment for All Ages:

- Extended Shopping Hours
- Village Business Open House
- Father Christmas
- Holiday Exhibit at Saratoga History Museum
- Horse-Drawn Carriage Rides
- Kid's Fun Zone
- Bell Ringers
- Holiday Music & Caroling

More Information:
www.saratoga.ca.us/treelighting



Parks at a Glance

Parl	Reservable Picnic Area	Restrooms	Barbecues	Children's Play Area	Special Features	Rental Price all picnic areas = \$15/hr
Azule Park 12777 Goleta Avenue	A - large group next to horseshoes B - medium group C - small group by play area	no	3	2	Reservable tennis court, grass turf area, 4 station par course, and grass volleyball court, horseshoes	Picnic area - \$15/hr Horseshoe pit - \$15/hr Tennis Court - \$15/hr Entire Park - \$100/hr
Beauchamps Park Beauchamps Lane	3 tables (first come-first served)	no	1	2	Reservable tennis court, small turf area, half-court basketball	Picnic area - \$15/hr
Bellgrove Park Bellgrove Circle	1 table (first come-first served)	no	no	1	Neighborhood park, small turf area	Picnic area - \$15/hr
Brookglen Park 12734 Brookglen Court	1 table (first come-first served)	no	no	1	Half-court basketball, small turf area	Picnic area - \$15/hr
El Quito Park 12855 Paseo Presada	A - Large BBQ area B,C,D - 3 small BBQ areas	yes	4	1	Reservable sand volleyball court, 1 softball field, grass turf area, electrical outlet, par course fitness stations, horseshoes	Picnic area - \$15/hr Horseshoe pit - \$15/hr Entire Park - \$100/hr
Foothill Park 20654 Seaton Avenue	1 table (first come-first served)	no	no	no	2 par course fitness stations, small turf area	Picnic area - \$15/hr
Gardiner Park 19085 Portos Drive	1 BBQ with 3 tables next to play area	no	1	2	Neighborhood park, small turf area	Picnic area - \$15/hr
Kevin Moran Park 12415 Scully Avenue	A - tables (no BBQ) B - 3 tables (no BBQ) *Picnic area 1 closest to restroom	yes	no	2	Half-court basketball, 4 par course fitness stations, meditation garden, 2 bocce ball courts, tennis court, large grass turf area	Picnic area - \$15/hr Tennis court - \$15/hr Bocce ball court - \$15/hr Entire Park - \$100/hr
Ravenwood Park 13830 Ravenwood Drive	2 tables (first come-first served)	no	no	1	Neighborhood park, small turf area	Picnic area - \$15/hr
Wildwood Park 20764 Fourth Street	A & B - 2 large picnic areas with BBQs *For Wildwood Park reservations contact Nina Walker @ 408.868.1259	yes	2	2	Reservable stage area, sand volleyball court, water play area, electrical outlet, horseshoes, small turf area	Picnic area - \$15/hr Stage - \$30/hr Volleyball Court \$15/hr Horseshoe pit - \$15/hr Entire Park - \$100/hr

For more information about all of the parks, visit www.saratoga.ca.us/recreation or email recreation@saratoga.ca.us.





MAPS NOT TO SCALE.

1. **Joan Pisani Community Center**
19655 Allendale Ave.
2. **Azule Park**
12777 Goleta Ave.
3. **Campbell Community Center**
1 W. Campbell Ave.
4. **Congress Springs Park**
12970 Glen Brae Dr.
5. **El Quito Park**
1285 Paseo Presada
6. **Hakone Japanese Garden**
21000 Big Basin Way.
7. **Kevin Moran Park**
12415 Scully Ave.
8. **Los Gatos High School**
20 High School Ct.
9. **Los Gatos Community Center**
123 E. Main St.
10. **Quarry Park**
22000 Congress Springs Rd.
11. **Saratoga Prospect Ctr.**
19848 Prospect Rd.
12. **Redwood Middle School**
13925 Fruitvale Ave.
13. **Saratoga High School**
20300 Herriman Ave.
14. **Saratoga Elementary School**
14592 Oak St.
15. **Wildwood Park**
20764 Fourth St.
16. **Warner Hutton House**
13777A Fruitvale Ave.
17. **West Hope Church**
12850 Saratoga Ave.
18. **West Valley College**
14000 Fruitvale Ave.

Smile Policy

The City of Saratoga Recreation Department photographs recreation activities & program participants and reserves the right to use them for promotional purposes.

If you have photos of Saratoga Recreation activities, send or email them to us (recreation@saratoga.ca.us; at least 300kb) to use as well. You never know! You may find your picture in an activity guide, the newspaper, a display, on a flyer, on our Facebook page or on the City Website!

questions?
comments?

CITY OF SARATOGA RECREATION STAFF

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Nina Walker, Facility Coordinator
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Policies

The City of Saratoga Recreation Department is proud of the quality programs and camps we are able to offer to the community. Please be mindful of the following:

- Make checks payable to the "City of Saratoga"
- Classes are not prorated
- Unless an instructor canceled a class, make-ups will not be available

Refunds & Transfers

In the event a participant chooses to withdraw from an activity, transfers or refunds will be granted according to the following criteria:

REFUNDS & TRANSFERS FOR CLASSES

With a ONE WEEK notice before a class begins, you may request & receive a refund, less a \$15 processing fee per person for each activity. If you are unhappy with a class that you have attended, let us know right away. If you have attended the first two classes & we cannot resolve your concerns, we will send you a prorated refund, less a \$15 processing fee per person for each activity. If you choose to transfer (must be within the quarter), the full amount of your enrollment fee will apply to any course you select. Refunds or transfers are not available once the class or program has met three times.

REFUNDS & TRANSFERS FOR CAMPS

With more than 14 days' notice, refund of camp fee less a \$15 process fee plus 20% of the camp fee per person for each activity. You may transfer to another camp within the season and the full amount of your enrollment fee will apply to any camp you select. Refunds do not apply to City-coordinated camps.

• 14 days or less prior to start of camp: No refunds or transfers. If you are unhappy with a camp that you have attended, let us know right away. If you have attended the first two days and we cannot resolve your concerns, we will send you a refund, less a \$15 processing fee per person for each activity. Refunds or transfers are not available once the camp has met 2 times.

NO REFUNDS or TRANSFERS

for Trips or City-conducted camps. Please be sure of your selection. If the trip or City-conducted camp is canceled by the Recreation Department, you will receive a full refund or you can request to transfer to another activity. For a trip, if a waiting list exists, you may receive a refund, minus a \$15 processing fee.

City of Saratoga Recreation & Facilities Department
19655 Allendale Avenue - Saratoga, CA 95070
Phone 408-868-1249 / fax 408-868-1279



ACTIVITY & TRIP REGISTRATION FORM

Release of Liability and Photo Authorization

By my signature below, I agree to release and hold harmless the City of Saratoga and its officers, employees, and volunteers from any claim, demand, or cause of action for injury to the participant(s) named below or damage to his/her personal property which arises out of or is in any way connected with the Saratoga Recreation Department programs and any travel in connection with such programs. I understand that participation in physical activities may be dangerous. The City of Saratoga will not be responsible in case of accident, injury, illness, or property damage. I agree that the City of Saratoga may take, use, reuse, publish, and republish photographs of or including the above named participant(s) for advertising and any other purpose in any manner and medium and without restriction on alternations or composition. *I understand no refunds will be given for City-run camps or trips.*

If signing on behalf of one or more minors, I hereby warrant that I am a legally competent adult and a parent or legally appointed guardian of the minor(s), and that I have every right to contract for the minor(s) in the above regard.

Signature: _____ Date: _____

E-mail: _____ SELF:

Name (adult): _____ Date of Birth (M/D/Y): _____ PARENT:

Address: _____ GUARDIAN:

City: _____ State: _____ Zip: _____

Cell Phone: _____ Home Phone: _____

Emergency Contact (and phone #): _____

Participant's Name	Date of Birth	Sex	Class / Trip Title	Activity Number	Fee

TOTAL: _____

Please make checks payable to "The City of Saratoga" or

VISA or MasterCard gladly accepted:

Card #: _____

Expiration Date: _____ CVC #: _____

Signature: _____



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